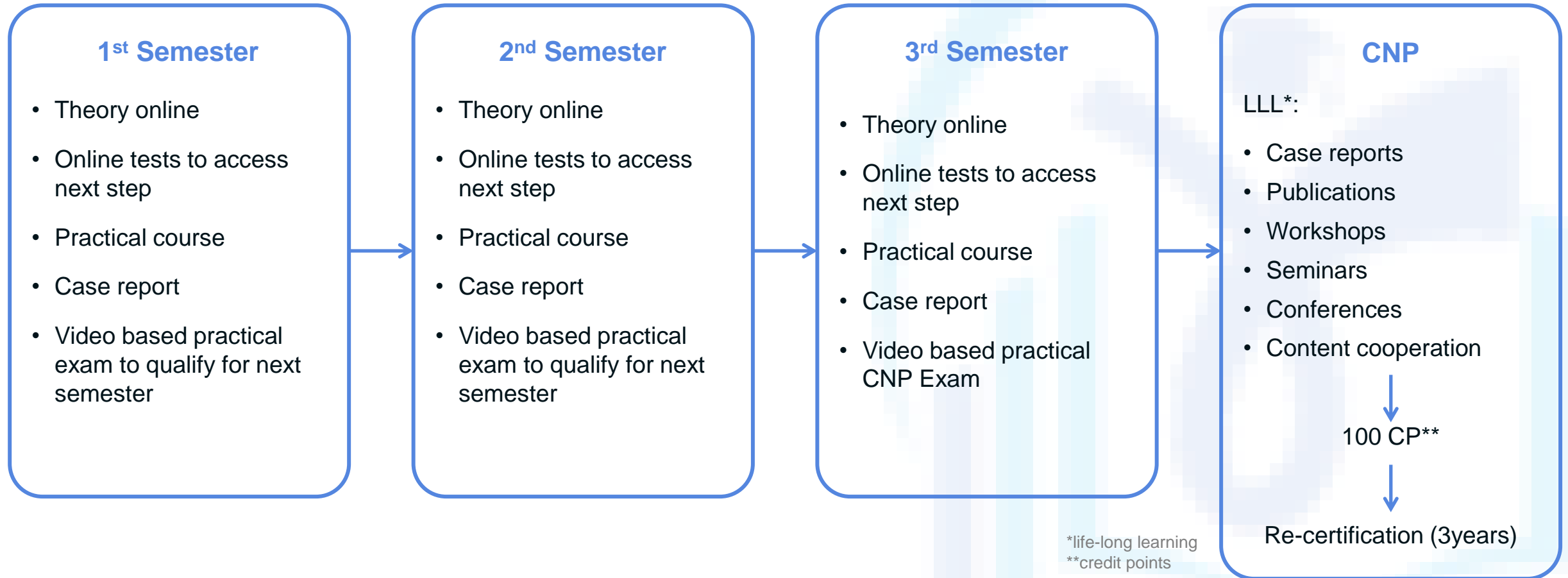




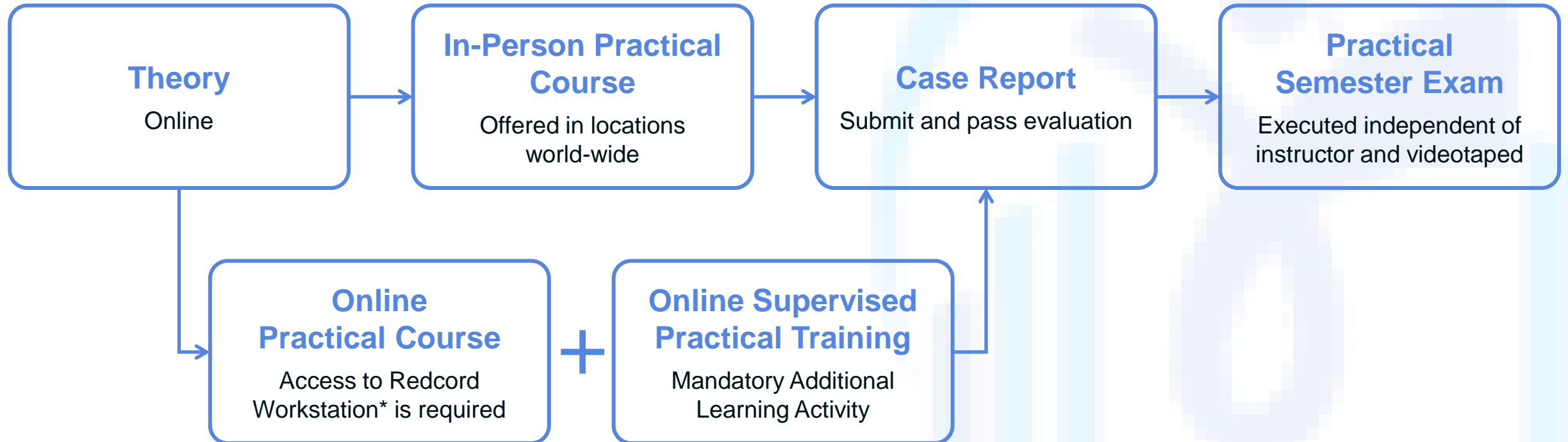
Neurac Education Program



Neurac Education Program



NEP Semester



*Stimula is required for 2nd and 3rd semester

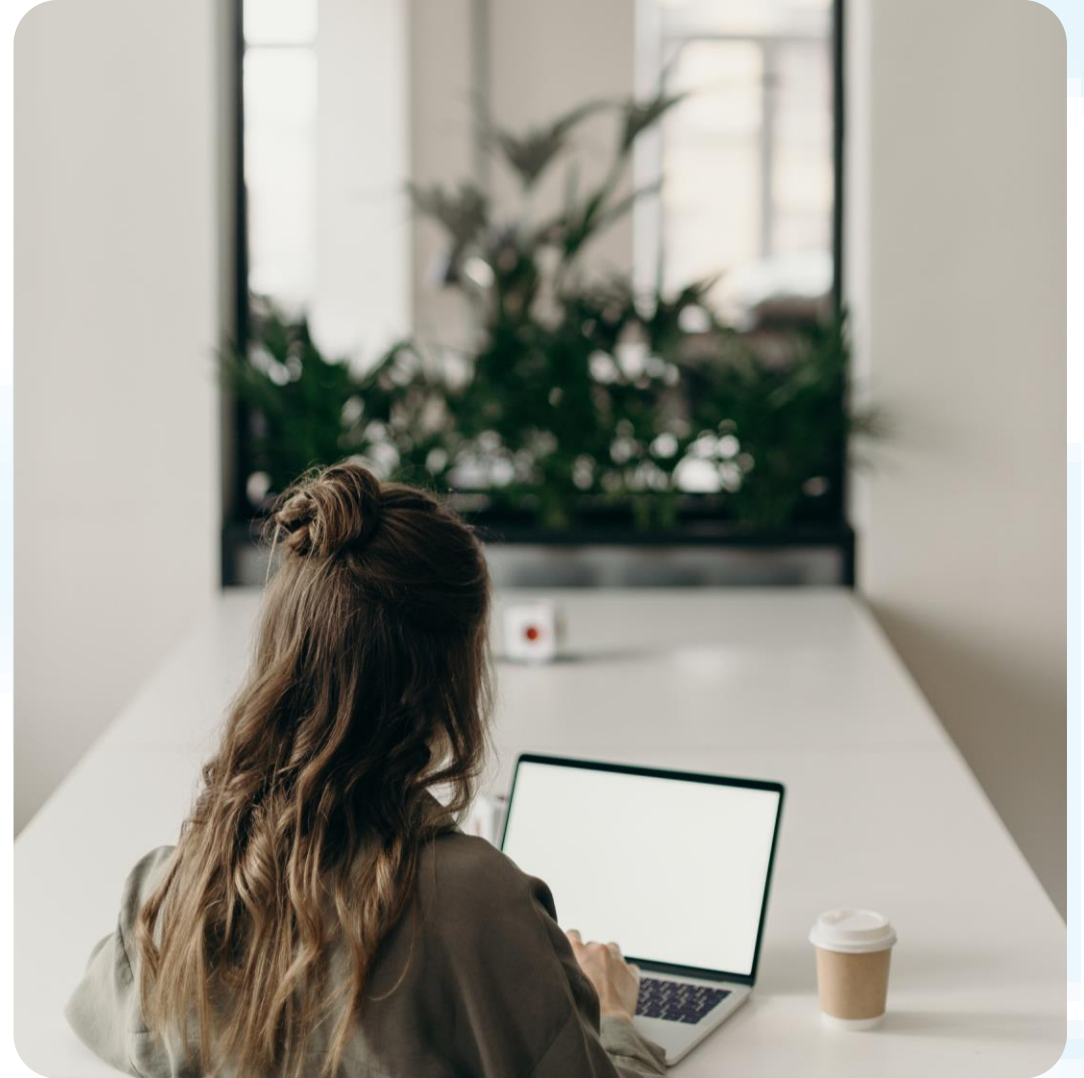
Theory

What

Each semester contains theory lessons that must be completed before conducting the practical part.

Purpose

The theory lessons serve the purpose of creating a fundament of knowledge needed for the practical application of the Neurac method.



Practical Courses

The practical courses in the NEP will teach you the practical skillset needed to perform Neurac treatment. To adapt to your needs and preferences, we offer you the choice between practical courses **in-person** or practical courses **online**.

In the practical course for the **1st semester**, you learn the fundamental principles of Neurac testing and Neurac treatment, and how this is applied in a clinical context related to Low Back Pain.

In the practical course for the **2nd semester**, you learn the practical application of Neurac test protocols and how they support the clinical reasoning process leading to planning and execution of Neurac treatment. At the 2nd semester, this is related to pain and dysfunction of Low Back and Pelvis, Hip, Knee, Shoulder, Elbow, and Neck. You also learn the practical application of vibration as a key component of Neurac Treatment using the Redcord Stimula+.

In the practical course for the **3rd semester**, you learn the clinical reasoning behind and how to use alternative set ups in Neurac treatment of weak links to tailor the treatment to individual needs. At the 3rd semester, this is related to pain and dysfunction of Low Back and Pelvis, Hip, Knee, Shoulder, Elbow, and Neck.



In-Person Practical Course

What

The in-person practical courses are courses offered by certified NEP course instructors in different locations world-wide. The student sign up to in-person practical courses via the online education platform where an updated world-wide course schedule can be viewed.

Purpose

To attend practical courses in person is advisable. Practice under supervision and guidance by one of our excellent NEP instructors who will be able to adapt to the student`s individual needs, will ensure an optimal learning experience.



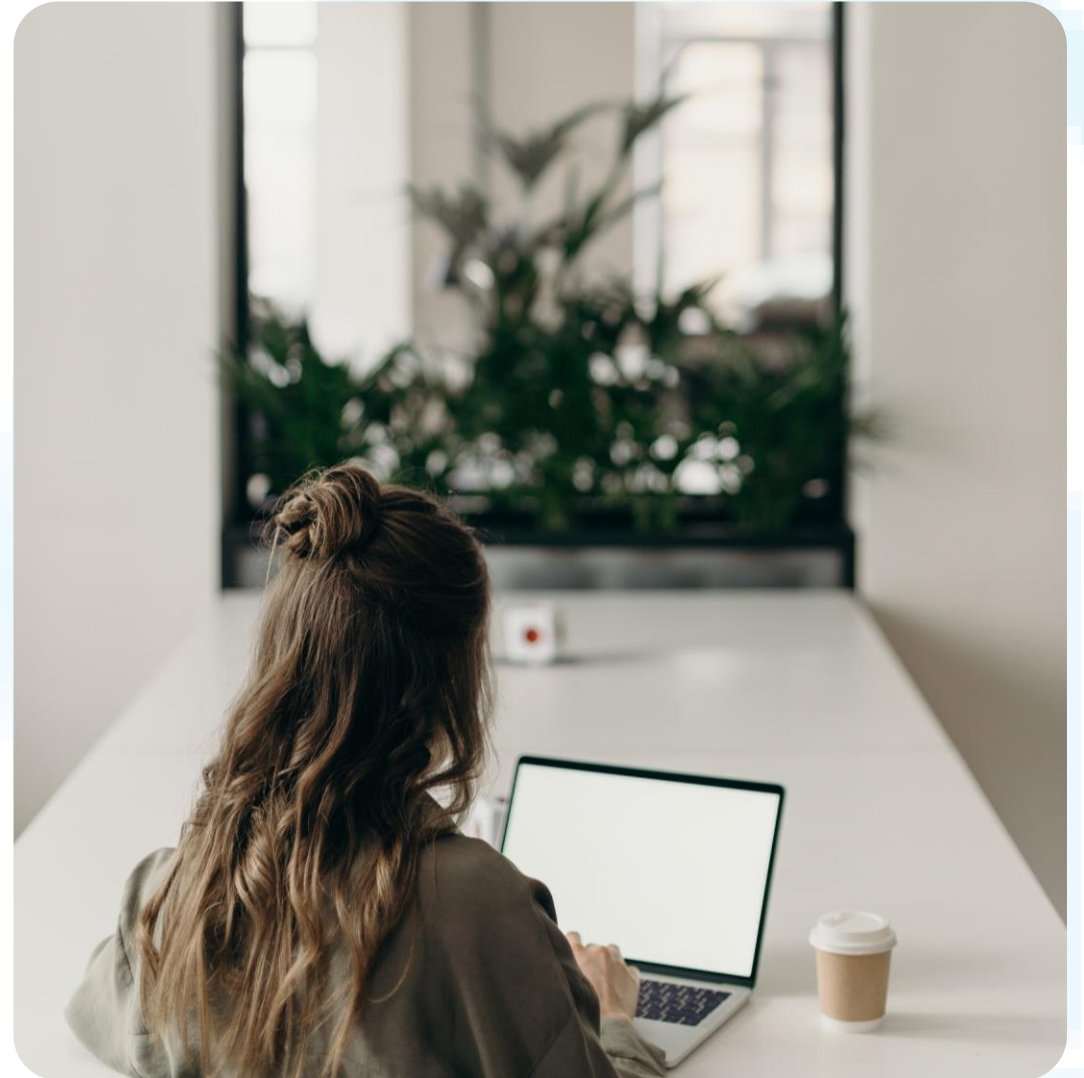
Online Practical Course

What

The practical courses can be attended online. This is of advantage in markets without instructors or if traveling to an “in-person practical course” is inconvenient. The course is pre-taped and can be attended at any time that suits the individual student. Like the in-person practical course, the online practical course will teach the practical application of Neurac. Access to Redcord Workstation Professional (+ Stimula for 2nd and 3rd semester) and a partner that can act as a patient during practice is needed to complete the online practical course.

Purpose

The online practical course allow the student to conduct the NEP even if traveling to a course location is not doable. The course is pre-taped and can be attended at a time and pace that suits the student.



Online Supervised Practical Training

an additional mandatory learning activity

Number of Participants: Max 8 students per session

Duration: Up to 2 hours

What

When selecting the **online practical course**, the student must complete an additional learning activity - the **Online Supervised Practical Training (OSPT)**. This is an online session where the NEP students perform practical demonstrations under supervision by an NEP instructor. The OSPT is scheduled frequently, conducted via the online education platform, and moderated by a NEP instructor. The student will prepare a practical question related to content taught in the practical course. If the student has no specific question, the NEP instructor will give a practical task. The student will receive feedback and support from the instructor during the practical demonstration.

Purpose

Learning practical skills online can be challenging as no guidance and feedback is received. Because of this, we offer the OSPT in addition to the practical online course. The purpose of the OSPT is to help the NEP student to improve the practical handling and application of the techniques by giving guidance and feedback during practical demonstrations done by the student. This will prepare him/her for the semester exam.

Preparations

To attend the OSPT, the student need access to a Redcord Workstation Professional (+ Redcord Stimula for 2nd and 3rd semester) and a partner that can act as a patient during the practical demonstrations. The student must prepare a practical question which is relevant for him/her and within the scope of the practical course (e.g., How do I proceed with the Neurac treatment based on certain score on the test OR Do I evaluate this test correct OR How do I execute this Neurac treatment with regards to progression). The student will be asked to do a practical demonstration related to the question. Guidance will be given by the NEP instructor as needed. Each participant will get the same time of attention.

Case Report

What

After completing the *in-person practical course OR the online practical course + Online Supervised Practical Training*, the next step is to do a written case report. The student will submit the case report on the platform for evaluation. Evaluation will be pass/fail.

Purpose

The work with the case report will enable the student to reflect on and display the theoretical understanding of the clinical application of Neurac according to NEP level. This will facilitate more awareness of why we do what we do which will strengthen the student's abilities to make good clinical decisions related to Neurac treatment. The work on the case report will improve the learning outcome.

The case report will be evaluated by Redcord Education. The student must receive a pass on the case report to qualify for the practical semester exam.

1st Semester

The case report at 1st semester is based on a premade case where the student answer questions that will challenge her/his clinical understanding of the method. The form with case and questions can be accessed on the platform.

2nd Semester

The case report at the 2nd semester is completed by using a template. The student complete the case report by filling out the template. Beside reporting information from anamnesis, findings from clinical examination, and the treatment plan, the student must show reflections on the clinical reasoning behind selected Neurac tests/protocols and treatment plan. The case report template can be accessed on the platform. At the 2nd semester, the case report build the foundation of the semester exam.

3rd Semester

The case report at 3rd semester is completed by using a template. Compared to the case report from 2nd semester, the student must also show reflections around clinical reasoning along the course of treatment. The case report template can be accessed on the platform. At the 3rd semester, the case report build the foundation of the semester exam.

Practical Semester Exam

What

To qualify for next semester in the NEP, the student must pass the practical semester exam. The practical semester exam is a practical exam where the student must show that they have the practical skillset and competence needed to proceed to next level. The student receives a clinical task that should be prepared, demonstrated, videotaped, and submitted on the education platform for evaluation. For 2nd and 3rd semester, the practical semester exam is based on the case report. A certified NEP instructor representing Redcord Education complete the evaluation. If the student pass the exam, he/she qualify for next semester or after 3rd semester for the CNP title.

Purpose

The purpose of the practical semester exam is to evaluate whether the NEP student has achieved the level needed to proceed to next semester. This is related to the learning objectives for the semester and evaluation is done according to a standard evaluation form.

Practical Semester Exam

Preparations

Before execution of the semester exam the student should gain practical experience according to the content taught during practical course. We recommend that the student complete a certain amount of treatment sessions using what she/he has learned.

1st Semester

- Minimum 20 treatment sessions using Neurac for low back or pelvis pain
- The practice period should be minimum 4 weeks.

2nd Semester

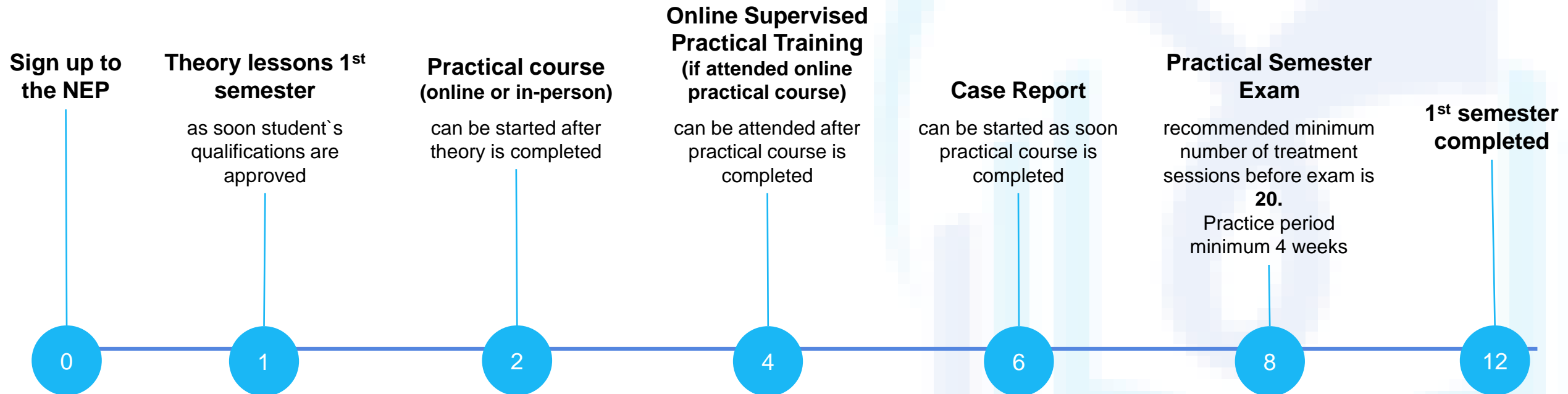
- Minimum 10 treatment sessions using Neurac for pain and dysfunction related to each of the body regions; low back and pelvis, hip, knee, shoulder, elbow, and neck.
- The practice period should be minimum 20 weeks.

3rd Semester

- Minimum 40 treatment sessions using Neurac.
- The practice period should be minimum 16 weeks.

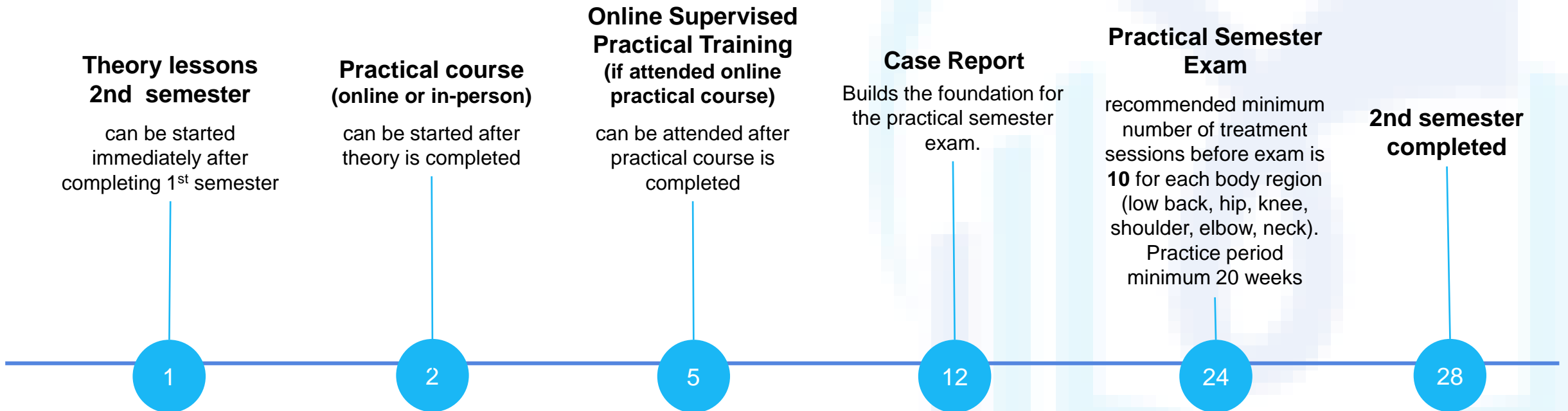
Suggested timeframe (**in weeks**) for the NEP

1st Semester



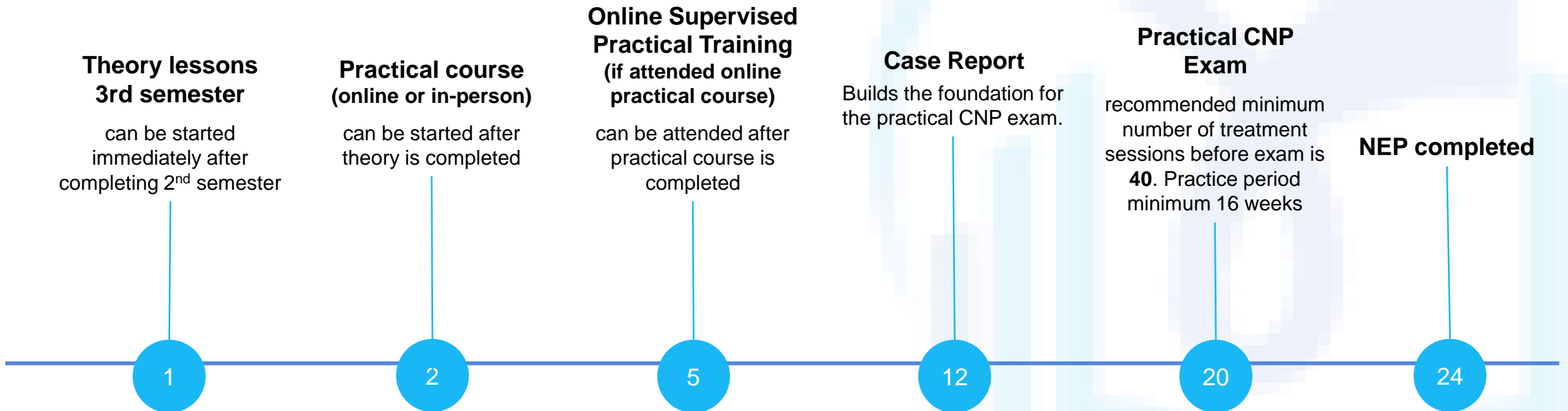
Suggested timeframe (**in weeks**) for the NEP

2nd Semester



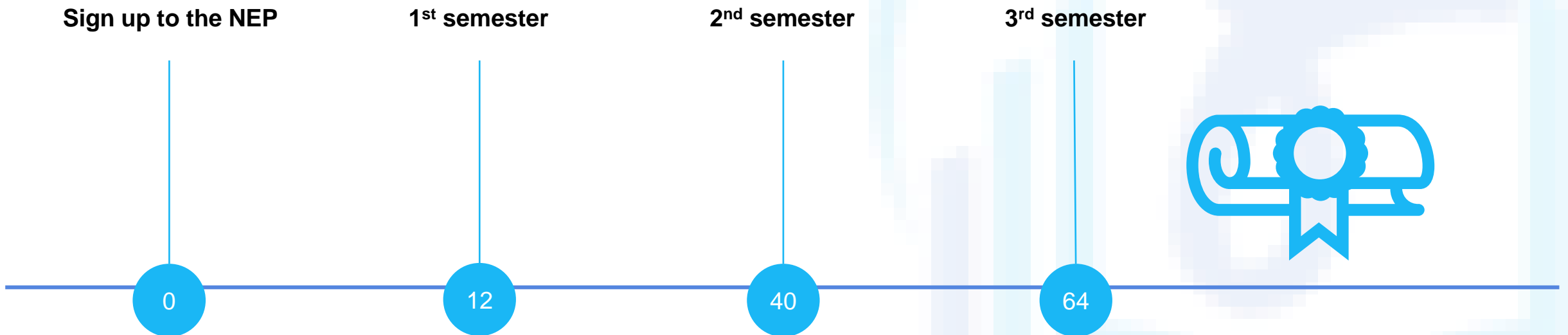
Suggested timeframe (**in weeks**) for the NEP

3rd Semester

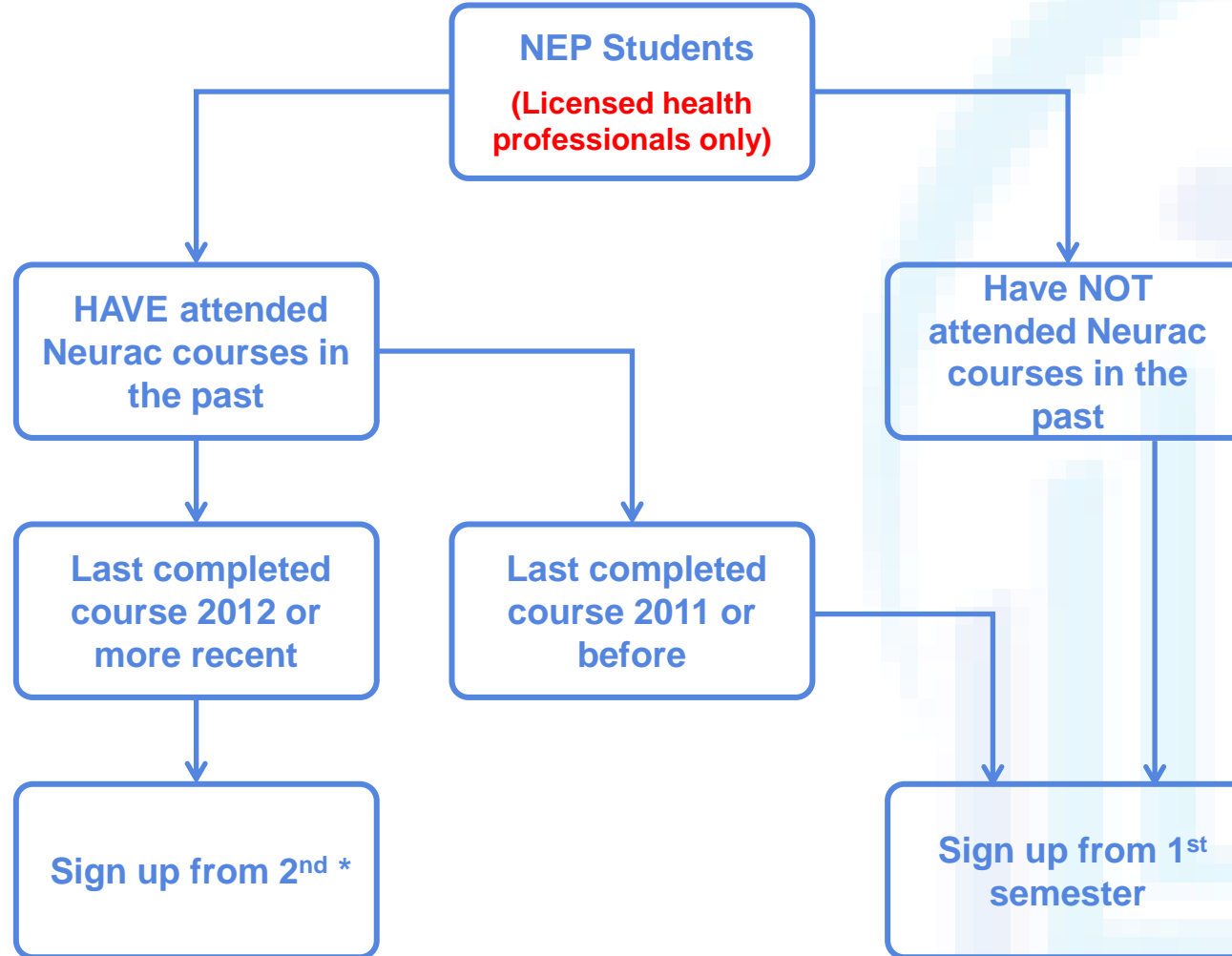


Suggested timeframe (**in weeks**) for the NEP

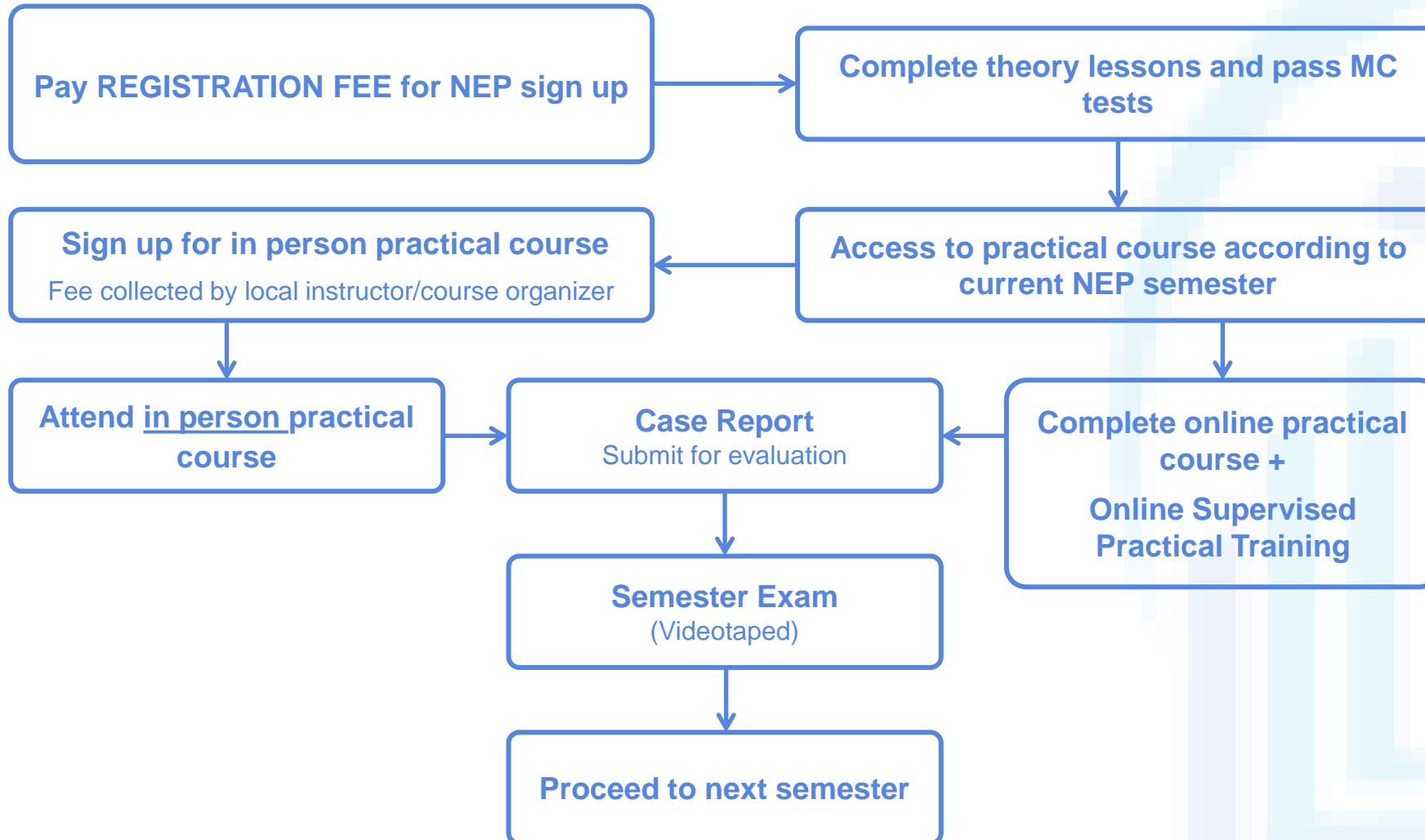
Time to complete the NEP



Student's Perspective – Sign up



Semester flow



FEEs:

- Registration fee = 350€
(Free in 2023)

Each semester:

- Online content* = 30€/month
- OSPT = 50€/session**
- Case Report = 250€***
- Semester Exam = 250€***
- In-person practical course = up to 200€/day

*Online content = theory+online practical course

** One session mandatory

***re-take = 150€

FEEs in the NEP

When the NEP student signs up to the NEP for the first time, he/she must pay the **registration fee**. The registration fee is **350 €** (from 2024).

To access the **online content (theory lessons and the online practical course)** of the semester the student is currently at (and previous semesters), the NEP student pay a **monthly subscription fee** of **30€/month**. The subscription can be set on hold and activated again later by paying the subscription fee. This will not affect the study progress of the NEP student.

For attending a live streamed session of **online supervised practical training (OSPT)** on the education platform, the NEP student pay **50€/session**.

In case the NEP student want to attend the practical course in person, a schedule of in person practical courses can be found on the platform. The fee for **in person practical courses** are decided by the local course organizer but will not exceed **200€/day**.

For submitting a **case report**, the NEP student must pay a fee of **250€**. The fee includes evaluation. In case of fail on the case report, a fee of **150€** is charged for the **re-evaluation**.

To complete the **practical semester exam**, the NEP student must pay a fee of **250€**. The fee includes evaluation. In case of fail on the practical semester exam, a fee of **150€** is charged for the **re-evaluation**.



Educating for Life in Motion

If you have additional questions after the seminar,
please send them to education@redcord.com